

March 2, 2020

Dear Families and Staff,

Pueblo School District 60 (D60) has been working closely with our local and State public health agencies as we monitor the global outbreak of [Coronavirus Disease 2019 \(COVID-19\)](#).

It is important to know that during an outbreak, we would follow the Pueblo Department of Public Health and Environment's lead on any quarantines, closures, or other health measures needed. D60 has a Management of Communicable Disease plan in place to handle any infectious disease-related outbreak. In addition, the district works closely with the health department when outbreaks arise. D60 has a robust crisis management plan and team that would be activated in case of any emergency situation.

What is coronavirus?

Coronaviruses are a large family of viruses that cause respiratory symptoms such as fever, cough and shortness of breath. These viruses spread through coughing or sneezing, much like the flu.

What can I do to stay healthy?

Again, the risk to the general public in the U.S. from this virus is considered low, but just as is recommended for other respiratory viruses, people can protect themselves and others by practicing everyday actions:

Practice good hand hygiene.

- Wash your hands frequently - remember to wash your hands after coughing or sneezing
 - Wash with soap and water, or
 - If soap and water are unavailable, use an alcohol-based hand sanitizer that contains at least 60% alcohol to clean hands
 - Avoid direct hand contact to the eyes, nose, and mouth

Practice respiratory etiquette.

- Cover your nose and mouth when coughing and sneezing.
- Avoid close contact with people who are sick.
 - If you are ill, you should try to distance yourself from others so you do not spread your germs. Distancing includes staying home from work or school when possible.

Additionally, we have cleaning practices in place to help avoid disease transmission.

Feeling Sick? Stay Home!

As always, we encourage anyone who is feeling ill to stay home, especially if they are experiencing cold and flu-like symptoms.

We will continue to work closely with local, state and national health officials to monitor this situation and will provide additional communication as needed.